

aesthetic af pics

copy these poses for ig ready images



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a little note

the best photos are the ones that bring you back to a moment. use these poses for inspiration, but the best advice is simple: **have fun + be yourself.**

breathe. loosen up. move around. laugh. look away. close your eyes. be present.

use a tripod or a trusted friend, and take lots of photos. even the pros know sometimes **only 1 out of 10 turns out**



*don't chase the perfect photo.
capture the moment you'll want to remember.*



phone cheat codes

- wipe your lens first!!
- use 1x instead of zooming
- tap your face to focus
- lower exposure slightly in bright sun
- use live photos
- burst mode for movement
- photograph around sunrise + sunset
- take way more pics than you need
- be kind to yourself when reviewing pics

remember even pro photographers with high tech gear typically only like 1/10 images



a physical barrier like this open door between the photographer and model is a great tip for the camera shy



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beginner pose: looking away with a smile is always a win.
candids feel more natural and add emotion.



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you'd be surprised how beautiful images of running in a circle laughing and jumping can turn out. inner child play!



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be natural. have fun. the camera is not scary.



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get creative with the angle of the camera :)



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remember to work with your entire body. highlighting movement with arms can add playfulness and attitude.



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add your favorite hobby to make it more personalized to yourself and your personal brand



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you dreamed of this moment. soak it in.



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at least one pic behind the wheel is essential



use props like a book or map! this often helps ease nerves and adds more of a story to the image.



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remember to include your best friend



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pose with what lights you up



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your entire body doesn't need to be in every shot. it can be a little fun if there's more left to imagination.



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get creative with the mirrors



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bubbles add to the fun and play



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how to look natural when you have no idea what to do

don't hold a pose.

give yourself an action.

fix/touch your hair.

look out the window.

take a sip of a drink.

breathe. walk slowly.

adjust your sunglasses.

laugh with your friend.

open the van door.

flip through a book.

*movement almost always looks better than
standing still. forget the camera is there.*



play with different levels when shooting groups



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enjoy the moment



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hire a professional!

all of these images in this book are shot by talented local photographers. make it easy on yourself--hire a professional!



Vana 909-358-9167



Geena 772-301-4753



Gabriella 941-473-6053



Marissa 631-514-1170



be uniquely you. own your authentic look.
you're fearfully and wonderfully made.



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and one final time... have fun !!



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stay wild. live free.



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van life shot list

- ☐ van parked somewhere beautiful
- ☐ opening the van doors
- ☐ sitting in the doorway
- ☐ cozy bed shot
- ☐ behind the wheel
- ☐ morning coffee inside the van
- ☐ sunset through the doors
- ☐ walking toward / away from the van
- ☐ wide shot showing the whole van
- ☐ one silly photo
- ☐ one with your hobby
- ☐ one completely candid moment



steal a caption

currently living out of a van & loving it

florida looks better from a camper van

home is wherever we parked it

rented a van. accidentally became a van lifer.

pov: you stop waiting for the perfect time

the beach is calling

this is your sign to take the road trip

48 hours of pretending this is my real life

*if you're feeling shy about posting, remember,
no hater is doing better than you are.*



want to be featured?

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so we can repost your adventures.

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!! enter to win two free nights in a van !!



tag us when you post online you'll be
instantly entered to **win 2 free nights**
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